# Title IX Quick Guide to Resources

## Medical Care Options

**On-Grounds**
- Student Health and Wellness
- UVA Medical Center

**Off-Grounds**
- Central Virginia Health Services - Charlottesville
- Charlottesville Free Clinic
- Health and Wellness Medical Services
- Planned Parenthood Charlottesville Health Center
- Sentara Martha Jefferson Hospital

## Reporting

**Reporting to the Police**
- Call 911 for emergencies
- Ben Rexrode at UPD
- Albemarle County Police
- City of Charlottesville Police

**Reporting to UVA**
- Title IX Office
  - Formal Process
  - Informal Process
- Title IX Office

## Counseling and Psychological Services (CAPS)

**On-Grounds Resources**
- Student Health and Wellness (SHW)
- Student Safety & Support Team (SS&ST)
  - Dean on Call

**Just Report It**
- Help Line

**BIPOC Resources**
- National Indigenous Women's Resource Center (NIWRC)
- National Organization of Sisters of Color Ending Sexual Assault (SCESA)
- Sister Circle
- StrongHearts Native Helpline
- Women of Color Network (WOCN)

**Sexual Assault Resource Agency (SARA)**
- The Anti-Violence Project (AVP)
- Black Emotional and Mental Health Collective (BEAM)
- Central Virginia Clinicians of Color Network (CVCCCN)
- Esperanza United
- Hurdle Health
- Inclusive Therapists
- Legal Aid Justice Center
- Multicultural Student Services
- Office of African-American Affairs (OAAA)
- Peer Health Educators (PHEs)
- The Anti-Violence Project (AVP)
- The Women’s Center Counseling Staff
- Title IX Office
- Title IX Office

**LGBTQ+ Resources**
- The Anti-Violence Project (AVP)
- Black Emotional and Mental Health Collective (BEAM)
- Central Virginia Clinicians of Color Network (CVCCCN)
- Esperanza United
- Hurdle Health
- Inclusive Therapists
- Legal Aid Justice Center
- Multicultural Student Services
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**LGBTQ+ Partner Abuse and Sexual Assault Helpline**
- "Trans in the South" Guide
- Virginia Anti-Violence Project (VAVP)

**Family Violence and Sexual Assault Virginia Hotline**
- The Anti-Violence Project (AVP)
- Black Emotional and Mental Health Collective (BEAM)
- Central Virginia Clinicians of Color Network (CVCCCN)
- Esperanza United
- Hurdle Health
- Inclusive Therapists
- Legal Aid Justice Center
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**Rape, Abuse & Incest National Network (RAINN)**
- The Anti-Violence Project (AVP)
- Black Emotional and Mental Health Collective (BEAM)
- Central Virginia Clinicians of Color Network (CVCCCN)
- Esperanza United
- Hurdle Health
- Inclusive Therapists
- Legal Aid Justice Center
- Multicultural Student Services
- Office of African-American Affairs (OAAA)
- Peer Health Educators (PHEs)
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